

The basics of sustainable tourism





Why?

Tourism is a growing global industry with known potential for positive change. The industry's various metrics for success include visitor numbers, accommodation statistics, revenue comparable to export, multiplier impacts for other industries, such as retail, employment figures and growth rates for all the above.

Successful travel businesses are target-oriented and operate according to set strategies, scorecards, budgets and balances. As you can see, the travel industry relies mostly on quantitative and financial metrics to evaluate success.

The success of any business is admittedly based on economic merits, but modern companies should also consider other factors of sustainable development. Economic, environmental and socio-cultural sustainability alongside ethical, safe practices form a solid foundation for a successful business.

Travellers and business partners alike make value-based decisions, which encourages travel businesses to showcase the sustainability of their actions and core values more and more. Sustainable businesses that can fluently communicate their values and actions to the customers will be tomorrow's victors. In fact, sustainability certificates or plans are already required for co-operation with some international tour operators.

Sustainability often brings along financial savings and stabilises fluctuations as well. You should also note that most companies are already sustainable, but might neglect advertising their efforts. Sustainable travel is not a form of tourism, it is a way of doing business, and it should concern all businesses and organisations.

What?

Sustainable practices are the most relevant indicator of sustainability in business. Creating sustainable practices requires strategic planning, logging of processes and implementing your plan at every level of operations. You should share your efforts with your partners and customers at every touchpoint and prove your dedication through actions.

Sustainability is founded on acquiring information, applying it into practice and monitoring your actions constantly – but also making your efforts known through marketing. Remember that actions speak louder than words: always keep your word.

- 1. You can acquire information from training, studies and benchmarking.
- 2. Acquired information is put into practice by creating a sustainability plan and other necessary supporting documents, such as a safety plan and safety rota. Utilise premade templates and see whether suitable certifications are available for your purposes.
- 3. Make sure your plans are implemented by systematically training your personnel. Ensure everyone is committed to your core values by welcoming your staff into the process from the start.
- 4. Monitoring sustainability is part of your overall plan for consistent development, which should react to feedback from your personnel and customers as well as new information acquired from regular training.
- 5. Your sustainability efforts should be promoted both publicly and within your company.

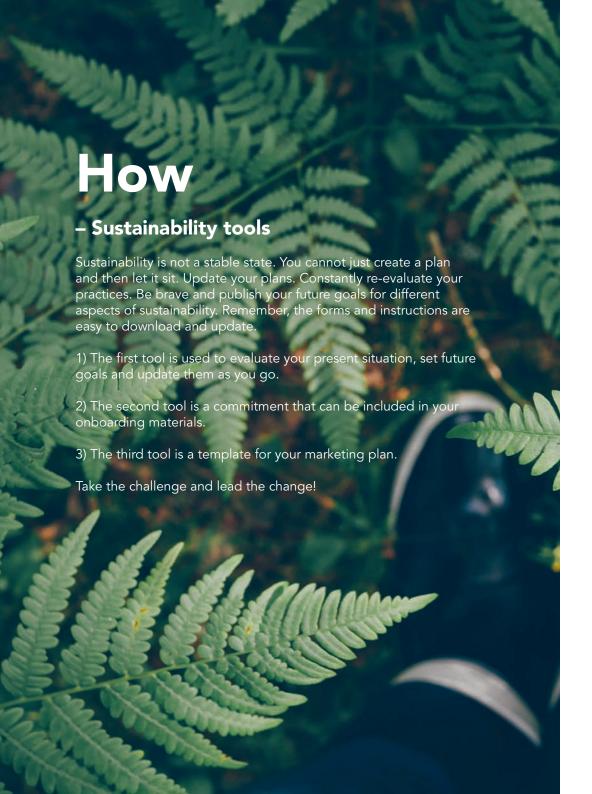
Many environmental initiatives that include certification are available in Finland. We strongly urge any businesses that are aiming for or are already active on international markets to take part in a sustainability program that provides certification. Make use of any certifications and their logos in your communications as well.

Certification creates a structured, systematic and simple way to develop your business sustainably. The logo allows you to easily convey your environmental efforts to your customers. Many programs also include various communication tools for businesses.

Read more about certification (in Finnish) at www.visitfinland.fi -> Vastuullisuus -> Ympäristösertifioinnit.

This guidebook provides you with the tools necessary to acknowledge sustainability in your operations, helping you start the journey towards sustainable development and making your efforts known as well.

Photo: Juho Kuva



Tool #1: Planning a sustainable business

Environmental sustainability – buildings and basic infrastructure

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Energy: Using renewable sources for electricity and cutting down consumption									
Energy: Heating and cooling – methods and alternatives Ways to save									
Building mainte- nance: Are faults logged and addressed?									

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Waste management: What is recycled? Can customers find the collection points?									
Waste management: Minimising waste – food waste, disposable containers, plates and cups									

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Water: Is water consumption tracked? Are leaks reported automatically? Ways to cut down									
Water: Controlling water use (faucets, toilets) and increasing awareness									

Environmental sustainability – means and routes of transportation

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Transportation for personnel – public transport – cars (fuel and economy) – non- motorised transport									
Transportation for customers How can customers reach your location? – public transport – non-motorised transport Can your location be reached without a private car? Have you promoted other options?									

Environmental sustainability – respecting nature

Does your business pollute or strain the environment?					
Do you educate your customers about the environment and its protection?					

Economic sustainability

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Does your business em- ploy local workers and support oth- er regional businesses?									
Does your business support the local economy?									
Social responsibility, persistence and transparency									
Procurement: domestic products, longevity, serviceability									

Socio-cultural sustainability

Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Is your region part of your services? (Culture, food, promo- tion, architec- ture, interior design etc.)									
Do you take care of your employees?									
Do you support local businesses and favour local products?									
Are you part of the local community? Do you interact with the community?									

Ethical sustainability

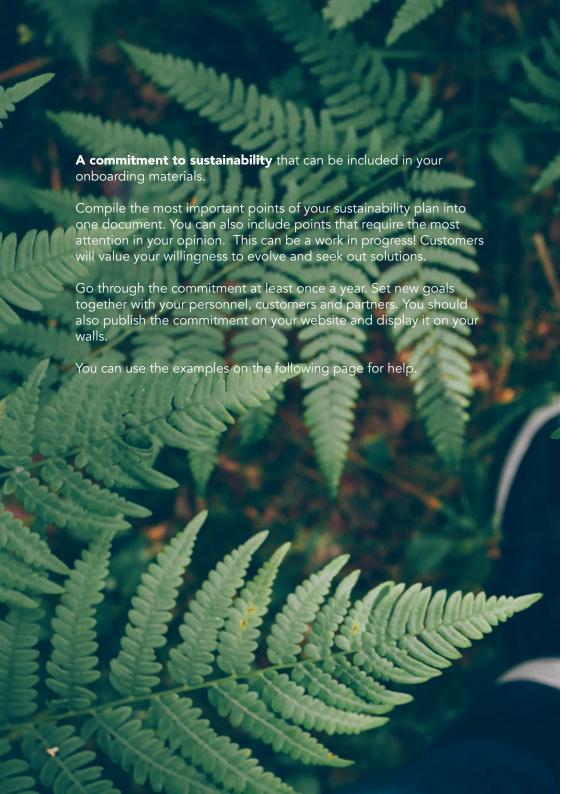
Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
Are your services accessible for all?									
Do you provide equal pay for equal work?									

Safety

	Subject	Where are you now?	What could be done differently?	What should you do first?	Schedule	Person in charge	What should you do next?	Schedule	Person in charge	Signature
а	Risk analysis and safety plan									
S	Safety rota									
	First aid skills									
lı S	Fravel ndustry Safety Passport									

Tool #2: Internal commitment for sustainable businesses





Our business is committed to the following pledges that promote sustainability in travel:

- √ We will reduce waste
- o Person in charge:
- o Recorded value, date:
- o Goal, date:
- o Ways to reach our goal:
- √ We will reduce water use
- Person in charge:
- o Recorded value, date:
- Goal, date:
- o Ways to reach our goal:
- $\sqrt{}$ We will adopt renewable energy and reduce power consumption
- o Person in charge:
- Current energy source:
- o Renewable energy source of choice:
- o Date:
- $\sqrt{}$ We will favour organic and local products whenever possible
- o Person in charge:
- Which organic and local products will be used:
- $\sqrt{}$ We will proactively guard your safety
- o Person in charge:
- o All personnel are trained in first aid
- o All personnel hold a Safety Passport
- √ We will ensure the safety of our partners how:
- $\sqrt{}$ We will consider the local community
- o Person in charge:
- o How our consideration is manifested:

Marketing for sustainable businesses Photo: Jaakko Tähti

Marketing plan

Travellers and partners increasingly value businesses that make sustainability part of their planning and operations. In fact, sustainability is a requirement for co-operation with many international tour operators. Many potential partners will ask for your certifications, which is why you should develop your sustainability according to the following path:

- 1. Get training for sustainability in travel, acquire information from books, online and on social media platforms. Keep updating your skills.
- 2. Create a sustainability plan for your business.
- 3. Find the most useful program, certification or criteria for environmental or sustainable development and adopt it.
- 4. Implement the plan throughout your company and include sustainability training in your onboarding materials.
- 5. Make your sustainability efforts known through marketing.

Create a plan of action:

What to do	Detailed plan	Person in charge	Schedule	Notes
Skill level / training in sustainable travel				
Program, certification or criteria for environmental or sustainable development				
Onboarding and internal communication				
External communication*				

^{*)} Create a marketing plan.

[•] Where and how is your sustainability promoted?

<sup>Who is in charge of content production, updating and sharing?
Who is in charge of internal communication and which channels are being used?</sup>

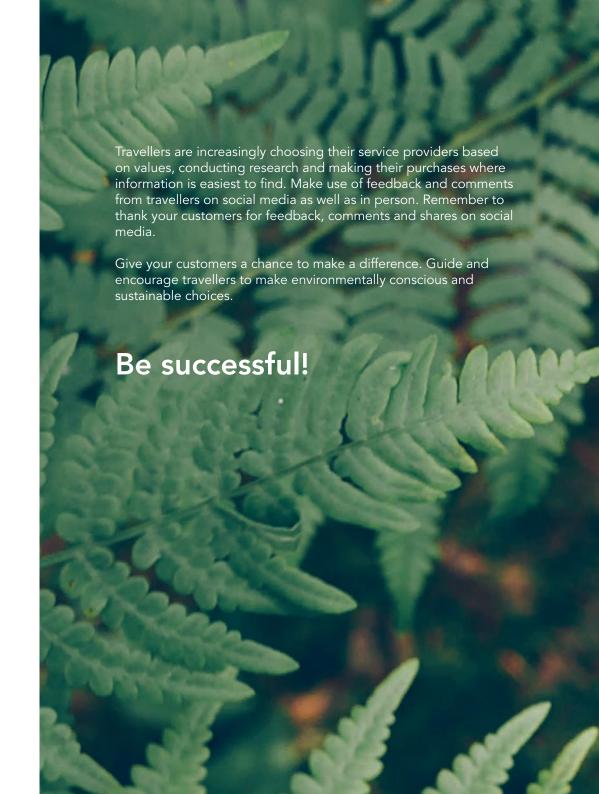
Sustainability on your channels

You can get the most views on your website. It also pays to share related news on social media. If sustainability is represented well on your website, it's easy to simply share a link to your site on different channels.

Tips for content:

Build a dedicated section for sustainability on your website.

- Include sections for different aspects under Sustainability:
 - o Environmental
 - o Economic
 - o Socio-cultural
 - o Ethical
 - o Safety
- Choose the subjects you can provide insight and examples on.
- Explain how you include sustainable development into your planning and what measures you take.
- Give examples, showcase feedback and include photos.
- Do not make claims that can't be backed up in reality.
- You can also share goals you're committed to.
- Check out #sitoumus2050, join in and share how your business can make a commitment to the campaign.
- If your business follows the principles of social responsibility and/or donates to a specific cause, tell the world!
- Include logos for certification and other partners (e.g. Finnish Association for Fair Tourism etc.) on your website.
- Remember to localise your content as well at least an English version.
- Compare your website to others in the industry (benchmarking).
- Share your website link actively and promote your sustainability efforts through all the channels at your disposal.



Notes

